

BellaHouston Harriers Race Summary

Date 18/10/2008
Race Renfrewshire AAA CC Relays
Location Linwood
Notes Erica wins prize for Fastest Female Vet.

Mens Race	4 x 4000m Legs.
Winners	Kilbarchan A 44:26
Fastest Lap	C Hawkins 10:54
Number of Teams	11
Womens Race	3 x 4000m Legs.
Winners	Kilbarchan A 42:28
Fastest Lap	L Hamilton 13:18
Number of Teams	6

Team	Name	Time	Distance	Min/Mile
Men's A 8 / 11 56:17	Andy Campbell	12:44	2.4	05:05
	Iain Burke	14:33	2.4	05:57
	Brian Douglas	14:41	2.4	05:52
	Al Myers	13:59	2.4	05:35
Men's B 32:03	Stewart Collins	14:17	2.4	05:42
	Neil Anderson	17:46	2.4	07:06
Women 5 / 6 52:10	Sharon Taylor	17:07	2.4	06:50
	Erica Christie	14:40	2.4	05:52
	Jo Sharpe	20:23	2.4	08:09
Women 6 / 6 58:14	Emma Anderson	19:39	2.4	07:51
	Natalie	19:06	2.4	07:38
	Michelle Murdoch	19:29	2.4	07:47