

BellaHouston Harriers Race Summary

Date 25/10/2008
Race National CC Relays
Location Cumbernauld
Notes Horrendous weather conditions

Mens Race	4 x 4000m Legs.
Winners	Central AC 57:55
Fastest Lap	C MacKay 14:02
Number of Teams	89
Womens Race	3 x 4000m Legs.
Winners	Central AC 50:30
Fastest Lap	M MacLarty 15:52
Number of Teams	49

Team	Name	Time	Distance	Min/Mile
Men's A 72 / 89 1:17:45	Andy Campbell	17:31	2.5	07:00
	Campbell Joss	20:06	2.5	08:02
	Stewart Collins	19:28	2.5	07:47
	Tony Quinn	20:40	2.5	08:16
Men's B 77 / 89 1:19:45	Mark Paterson	20:34	2.5	08:13
	Brian Douglas	19:54	2.5	07:57
	Iain Burke	21:04	2.5	08:25
	Al Myers	18:13	2.5	07:17
Men's C	Neil Anderson	23:19	2.5	09:19
Women 46 / 49 1:09:56	Sharon Taylor	23:25	2.5	09:22
	Erica Christie	20:07	2.5	08:02
	Jo Sharp	26:24	2.5	10:33